



# SALUTE THE TROOPS MEMORIAL DAY WEEKEND RACES

Saturday, May 25th, 2024 • Lakeside Park • Fond du Lac, WI

## 1/2 Marathon Run & Ruck/5K Run & Ruck/Kids Race

Guaranteed race t-shirt if registration received by May 5, 2023, otherwise race t-shirt subject to availability (1<sup>st</sup> come, 1<sup>st</sup> serve)

### Kid's Activities/Refreshments/Music&Fun

#### 1/2 MARATHON ENTRY FEES

7:00am Start  
 Before 3/31/2023 \$55  
 3/31 - 5/14/2023 \$65  
 5/15/2022- Race Day \$80

#### 5K ENTRY FEES

7:30am Start  
 Before 3/31/2023 \$20  
 3/31 - 5/14/2023 \$25  
 5/15/2022 - Race Day \$35

#### KIDS' RUN ENTRY FEES (under 12)

9:30am Start \$10

#### RUCK MARCH ENTRY FEES

Half Marathon 6:30am Start  
 Before 5/14/2023 \$55  
 5/15/2023-Race Day \$60  
 5K RUCK 7:30am Start  
 Before 5/14/2023 \$20  
 5/15/2023-Race Day \$25

NO REFUNDS OR TRANSFERS. ONE PARTICIPANT PER FORM. ENTRY FORMS MAY BE PHOTOCOPIED.

Total

### WAIVER & RELEASE FROM LIABILITY

I know that running/walking in a road race is can be hazardous. I will not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I also know that there may be traffic on the course. I assume all risks associated with my participation in this event, including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and the conditions on the road with all such risks being known and appreciated by me. In consideration of my entry, I for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue and WAIVE, RELEASE and DISCHARGE: Salute the Troops, State of WI, City of Fond du Lac, the event sponsors, their representatives, successors, or assigns from ANY AND ALL claims, damages, losses, expenses or liabilities, foreseen or unforeseen, for death, personal injury, or property damage arising out of, or in the course of, my participation in this event, including, without limitation, and to the maximum extent permitted by law, those Losses arising from the Released Parties' own negligence. I further grant full permission to the event coordinators, volunteers and agents authorized by them, to use any photographs, videotapes, motion pictures, recordings, or other record of the event for any reasonable purpose, without compensation. I understand that my entry is non-refundable. I consent to emergency medical care and transportation in order to obtain treatment in the event of injury to me as medical professionals may deem appropriate and will be responsible for the cost associated with such treatment.

THE ATHLETE HAS READ THE FOREGOING AND INTENTIONALLY AND VOLUNTARILY SIGNS THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT.

Signature of Participant or Parent/Guardian

Date

**WAIVER MUST BE SIGNED**

ESTIMATED FINISHING TIME (for half marathon only)

First Name

Last Name

Gender: M

F

Age on Race Day

Date of Birth

E-Mail (required)

Daytime Phone

Street Address

City

State

Zip or Postal Code

Emergency Contact (required)

Daytime Phone(

Race Entering: 1/2

5K

Kids

Ruck 5K

Ruck 1/2

Hand Cycle 1/2

5K

Racing Chair 1/2

5K

Sport Chair 1/2

5K

Adult sizes

S

M

L

XL

XXL

Kid's Size:

YS

YM

YL

BIB NUMBER (Event Staff fills in)

Are you a veteran?

Bringing your dog? (5K events)

Payment enclosed

Mail to:

Salute the Troops  
 PO Box 901  
 Fond du Lac, WI 54936